



## A MODEL FOR COMMUNITY-BASED INTEGRATED BEHAVIORAL HEALTH TRAINING

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# AHEC/HERO Collaboration Community Driven Strategies To Assure Health And Workforce Development Background:

- Health Extension Rural Office (HEROs) and AHECS
- Health Extension Hubs—able to build community capacity by offering access to HSC programs
- Pipeline and workforce development, telehealth for training, service, and communication
- Community based health professions education, clinical service improvement, and program evaluation
- Technical Assistance

Expansion of HEROs to Academic Hubs



UNM AHEC and Three AHEC Centers



### Integrating Primary Care and Behavioral Health

- History and development of rural psychiatry track
- Clear need for support in primary care settings
- Broaden concept of behavioral health workforce to include primary care providers and peer specialists
- Breaking down silos between behavioral health providers of different disciplines

### Integrating Primary Care And Behavioral Health

- First model: small interdisciplinary clinic at the university hospital
- From psychiatry residents in rural track training in Federally Qualified Health Centers at the request of Primary Care Providers.
- To All PGY2's gaining experience in primary care sites

### Integrating Primary Care And Behavioral Health

#### Program expansion:

- Co-training psychiatry residents with family medicine residents and primary care students
- Co-training psychiatry residents with psychology interns and other residents in primary care clinics
- HRSA expansion grant for integrated training for psychology interns in rural primary care
- Response to community requests
- Office for Community Faculty as coordinator of undergraduate and graduate interdisciplinary programs

#### **Outcomes:**

- Community involvement is best recruitment tool
- 37% of residents in rural psychiatry program were practicing in rural communities as opposed to 10% in traditional program
- 95% continue to work with individuals in rural and underserved communities
- 26% live in communities in which they practice
- 28% use or in process of setting up telehealth services, some to primary care sites
- Additional designated funding from state for rural residency training in primary care and in psychiatry
- Growing community endorsement and support for integrated training hubs

#### Thank you



Questions, Comments?